

# TROPICAL CARROT APPLE JUICE

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## Ingredients:

- 1 large apple, quartered
- 1/4 (15 ounce) can pineapple chunks
- 2 large carrots
- 2 pieces fresh ginger

## Directions:

- Wash all the ingredients and dry.
- Cut apple and carrots.
- Put all the ingredients into the juicer
- Blend it properly and detox juice is ready.

